



British Dodgeball North East Dodgeball League

The British Dodgeball North East Dodgeball League is a new sporting opportunity that has been designed to provide more play for both new and regular adult dodgeball players in and around the North East. The North East Dodgeball League is part of the wider British Dodgeball Nationwide County & City Leagues that have begun in 2018. The objective of the county and city leagues initiative is to make dodgeball more accessible. If you are reading this and would like to express an interest in a British Dodgeball League in your city or county please get in touch via hello@britishdodgeball.com

Dodgeball is a fun, very social, mixed sport that can be as much or as little of a workout as you like. If you fancy having a go, or want to ask us some questions before you take part, please get in touch via hello@britishdodgeball.com

Dodgeball is an inclusive sport where absolutely anyone can have a go. The league is open to any club, university, group of mates, work colleagues, other sports team, you don't even have to be from the North East to take part. Our British Dodgeball leagues are run in a professional way and are a great way to get into a new sport. Leagues may be split into 2 or more divisions depending on the number of entries so we will ensure you have competitive matches against players of a similar standard to you.

League Coordinator

Lucinda Stott

Venue

Middlesbrough Sports Village, Alan Peacock Way, Middlesbrough, TS4 3AE

**The league season**

The league season will consist of 5 rounds, played over 5 months

Round 1: Friday 26th October 2018, 6-8pm

Round 2: Friday 23rd November 2018, 6-8pm

Round 3: Friday 21st December 2018, 6-8pm

Round 4: Friday 18th January 2019, 6-8pm

Round 5: Friday TBC February 2019, 6-8pm

Details of the fixtures for each round will appear on the website

Number of matches

Each team competing in the league will be guaranteed a minimum of 8 matches

Entry

Entry into the league is £120 per team and can be made via the British Dodgeball website:

britishdodgeball.org/northeast-league/

Maximum Entries

The maximum number of entries into the league is 12 teams

Teams

Teams can be made up of any number of male or female players but we will be encouraging teams to have at least 2 players of each gender. All players must be over the age of 16. Teams consist of 6 players – a minimum of 4 players must be on court at the start of any match



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Substitutes

Teams can have squads of up to 10 players if they so wish and substitutes can be made after each individual game

Game length

Each match is played to British Dodgeball 5 Ball Rules and played to 2 x 8 minute halves with a 2 minute half time. Each match is allocated a minimum of 20mins

Referees and Assistant Referees

All matches are to be refereed by teams competing within the league. The British Dodgeball League Coordinator will assign referees for each match

Dodgeballs

Official British Dodgeball Size 3 Cloth Dodgeballs will be used throughout the league

Match Results

Results for each match are to be completed on the score sheet and sent to British Dodgeball at the end of each round. The league table will then be updated online

League Winners

Winners of the league will be presented with the league trophy at the end of Round 5. There will also be a trophy for player of the season and this will be voted for by the players

Full Rules

For a full set of British Dodgeball 5 Ball Rules please visit:

britishdodgeball.org/wp-content/uploads/2017/07/British-Dodgeball-5-Ball-Rules.pdf

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