# GIRLS DODGE TOO! AMBASSADOR INFORMATION PACK



#### What is the Girls Dodge Too! Project?

Girls Dodge Too! is a brand-new dodgeball project run by British Dodgeball and funded by Sport England, aimed specifically at providing women and girls the opportunity to play dodgeball. Through the British Dodgeball club survey, we discovered that 33% of clubs wanted to develop or introduce women's club sessions, and enter more women's teams into events and leagues. Through running women's only taster sessions, local festivals, and a national festival, we hope to engage over 300 women and girls of all ages and give them a fun experience of playing dodgeball. The project is focused in eight target areas and will run for the duration of a year.

We are recruiting Girls Dodge Too! Ambassadors, as they will be an asset to the project and can positively implement the project whilst encouraging more women and girls to become involved in dodgeball. Continue reading to find out more about the project and what the ambassador role entails.

#### What are the project aims?

- Provide more women and girls with the opportunity to try dodgeball in a fun and relaxed environment and ensure that the experience they have is positive.
- Provide participants with a progression pathway to allow them to progress from the taster sessions to regular club sessions through local festivals, leadership courses and a national festival.
- Showcase the amazing women and girls we have within the sport and inspire more women and girls to play.
- Empower our Girls Dodge Too! Ambassadors and utilise their skills throughout the project to ensure it is a success.

### How do we aim to achieve this?

The following section will give you a brief overview of how the project will be carried out, more in-depth information will be provided at an induction workshop.

- **1.** The project will be delivered in 8 key areas:
  - Greater Manchester
  - Cheshire
  - Bedfordshire
  - Berkshire
  - Derbyshire
  - Leicestershire
  - London
  - Birmingham

2. We will recruit 8 Girls Dodge Too! Ambassadors, one for each area, who are essential to the project, from running taster sessions and attending festivals to promotion of the project in the local area. The ambassadors will attend a practical workshop, at which they will meet the other ambassadors, get an introduction to the project, participate in a coaching workshop, and assist in the creation of project media. At the ambassador workshop each ambassador will receive a bag of equipment to use throughout the project and branded clothing including a top, jacket and pants.

3. Ambassadors, club coaches and British Dodgeball staff will then run a set of girls only taster sessions in each of the target areas. Each area will receive a total of eight taster sessions, with each session being open to at least 10 participants . Ideally these sessions would be split, with four being for those aged over 16 and four for those aged under 16.

4. Each of the eight target areas will receive a British Dodgeball leaders course for free, open to the taster session participants, to increase their confidence with all aspects of the game.

5. Each target area will also host a festival to provide women and girls with the opportunity to play dodgeball games in a relaxed environment.

6. To conclude the project we will host a national Girls Dodge Too! Festival. This will be open to all women and girls and will be focused on a fun dodgeball experience for all in attendance. This national festival will be coordinated by British Dodgeball and hosted at a centralised venue, with a photographer in attendance to capture the day.

## What is a Girls Dodge Too! Ambassadors role?

- As a Girls Dodge Too! Ambassador we ask that you assist us in promoting the project in your local area and help us to reach more women and girls.
- With help from British Dodgeball, we would like you to assist us in delivering the eight taster sessions in your area.
- If possible, we would also like you to attend the local festival and leaders workshop, building a relationship with the women and girls participating in the project.
- We would like your attendance at the National Festival, to assist in running this festival and ensure that all participants have a fun filled day.
- As this is a voluntary role we understand that you may not be able to commit to all of the aspects involved in the project, but we would love you to assist with as much as possible.
- You will receive a British Dodgeball, Girls Dodge Too! project branded top, jacket, and pants, as well as a set of equipment to use when running the taster sessions as part of the project.

# **Project Start**

The project will begin as soon as possible, following sessions restarting after Covid-19. Alice Bowler will be the point of contact for the project. If you are interested in becoming a Girls Dodge Too! Ambassador please complete the expression of interest form. Should you have any questions or queries, please contact Alice at <u>alice@britishdodgeball.com</u>.