



**BRITISH
DODGEBALL**

SECONDARY SCHEME OF WORK



PEDAGOGY BEHIND BRITISH DODGBALL SECONDARY SCHEME OF WORK

The British Dodgeball Secondary Scheme of Work is designed to teach Physical Education in Secondary Schools through dodgeball-based activity. The scheme of work contains one unit of 6 lessons for Lower KS3, Upper KS3 and KS4 which have been designed in line with the National Curriculum (2014), and has been created to aid teachers in teaching a broad and balanced Physical Education curriculum. The first unit has been developed to introduce, consolidate and build upon learning contained in the KS2 British Dodgeball Primary Scheme of Work which pupils may not have completed. The upper KS3 and KS4 units build upon the previous to form a spiral curriculum (Bruner, 1960).

Besides containing numerous opportunities for improving physical literacy, the British Dodgeball Secondary Scheme of Work has been designed to encourage holistic development of children through supplying analytical and problem-solving opportunities in addition to developing tactical awareness. Each unit focuses one lesson towards the core skills of dodgeball (throwing, catching, dodging, blocking), one lesson towards tactical development and one lesson towards applying the skills learned throughout the unit in competitive situations. Each lesson plan contains key questions, which encourage higher order thinking (Bloom, 1956) and assists teachers with formative assessment, and three levels of assessment criteria which teachers can use to track progress in a summative manner.

The goal of this scheme of work is to create active learners who engage thoroughly in Physical Education lessons on a cognitive and social level, and are therefore more likely to embrace a healthy, active lifestyle when older.

LESSON PLAN SECTION GUIDE

Resources	Resources needed for each lesson.
Development Strands	What type of holistic skills the lesson focuses on (see Development Strands).
Learning Objective	What pupils are learning in the lesson. These are designed in line with the National Curriculum and build upon the previous unit's teaching.
Assessment	3 levels of assessment for each lesson. These are split into emerging, expecting and exceeding criteria so teachers can assess pupils accurately and easily.
Teaching Points	Key teaching points for each lesson. These are arranged to build upon the previous year's teaching points in a spiral curriculum.
Warm Up	Warm up activity.
Description	Description of activity.
Diagram	Diagram of activity.
Progression	Advice on how to progress an activity to further learning.
Differentiation	Methods to challenge and support pupils in order to enhance their learning.
Key Questions	Key questions to ask in order to encourage reflection and peer discussion in order to encourage deeper understanding.
Plenary	Plenary activity.
Hyperlink	Link to a video, graphic or printable resource. An internet connection is required to access some content.

NATIONAL CURRICULUM LINKS

National Curriculum (2014) Physical Education Objective:	How this links with the British Dodgeball Secondary Scheme of Work:
KS3	
Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.	Pupils will have opportunities to develop and apply a range of tactics and strategies throughout the lower and upper KS3 scheme of work. They will have opportunities to practice and apply tactics such as group throws, fakes, early plays, double counters, pre-throws and post-throws.
Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best	Pupils will have opportunities to analyse and evaluate their own and others' performances of skills and tactics whilst completing the lower and upper KS3 scheme of work. They will achieve their personal best by improving skills using guidance from peers and self-reflection.
Take part in competitive sports and activities outside school through community links or sports clubs.	British Dodgeball can signpost your pupils to relevant local dodgeball clubs in order to promote strong school-club links.
KS4	
Use and develop a variety of tactics and strategies to overcome opponents in team and individual games.	Pupils will have opportunities to develop and apply a variety of tactics and strategies throughout the KS4 scheme of work. They will have opportunities to practice and apply tactics such as avenging, covering and high pressure.
Evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best.	Pupils will have opportunities to analyse and evaluate their own and others' performances of skills and tactics whilst completing the KS4 scheme of work. They will achieve their personal best by improving skills and tactical decisions using guidance from peers and self-reflection.
Continue to take part regularly in competitive sports and activities outside school through community links or sports clubs.	British Dodgeball can signpost your pupils to relevant local dodgeball clubs in order to promote strong school-club links.

ASSESSMENT GUIDELINES

Assessment is based on three levels: Emerging, Expected, Exceeding. Please follow below guidance when linking to GCSE Level Descriptors.

	1	2	3	4	5	6	7	8	9
Lower KS3	Emerging		Expected			Exceeding			
Upper KS3	Emerging			Expected			Exceeding		
KS4	Emerging			Expected			Exceeding		

DEVELOPMENT STRANDS

Each lesson focuses on a minimum of 2 development strands. These strands have been integrated into lessons to aid teachers in holistically developing young people. The 4 Development Strands are as follows:

 **PHYSICAL** - Basic physical skill development and combining physical skills.

 **ANALYSIS** - Extensive opportunities for self-reflection, peer observation, discussion and feedback.

 **PROBLEM-SOLVING** - Higher order, open ended questions posed to pupils.

 **TACTICAL** - Learning tactics for attacking and defending both individually and as a team.

SCHEME OF WORK OVERVIEW

Lesson	Lower KS3	Upper KS3	KS4
1 Throwing	Develop throwing variations and throwing as part of a team. Physical, Problem-Solving	Develop throwing accuracy whilst in movement. Physical, Analysis	Develop throwing technique and decision making in game situations. Physical, Problem-Solving
2 Catching	Develop catching technique and decision making. Physical, Analysis	Develop catching technique from multiple balls. Physical, Problem-Solving	Develop catching technique and decision making in game situations. Physical, Analysis
3 Dodging	Develop dodging strategies and fluid movement. Physical, Problem-Solving	Develop dodging strategies from multiple balls. Physical, Analysis	Develop dodging strategies in game situations. Physical, Problem-Solving
4 Blocking	Develop directional blocking technique. Physical, Analysis	Develop blocking and countering movement. Physical, Problem-Solving	Develop blocking techniques and decision making in game situations. Physical, Analysis
5 Tactics	Develop strategies for attacking as a team. Physical, Tactical	Develop strategies for pressuring an attacking team. Physical, Tactical	Develop strategies for playing effectively as a team in a range of different situations. Physical, Tactical
6 Competition Week	Apply skills and tactics learned in game situations. Physical, Analysis, Problem-Solving, Tactical	Apply skills and tactics learned in game situations. Physical, Analysis, Problem-Solving, Tactical	Apply skills and tactics learned in game situations. Physical, Analysis, Problem-Solving, Tactical