



BRITISH
DODGEBALL



SCHOOLS OFFER

The most in-demand sport in UK schools - Ofsted, 2019

DODGEBALL IN UK SCHOOLS

PARTICIPATION

Over 613,000 UK school children take part in dodgeball each week, making dodgeball the 2nd most popular team sport in the UK (Sport England Active Lives Survey 2019).

BRITISH DODGEBALL

British Dodgeball is recognised by the European & World Dodgeball Federations as the National Governing Body for dodgeball in the UK.

Our goal:

"To inspire generations and communities to experience the benefits of playing dodgeball."



DODGEBALLS



SAFE, SOFT & PROMOTES LEARNING

These dodgeballs have been chosen through years of research and proven to be suitable for casual sessions all the way up to international matches. As such, they are the only dodgeballs we recommend players use in the UK.

FOR:

INFO:

SIZE 1 FOAM



- Under 11's
- Primary Schools (KS1+2)
- SEND/Inclusion for older ages

- 6" in diameter
- Extremely soft
- Non-toxic
- Wipe clean
- Low bounce
- Easy grip to encourage development of throwing & dodging techniques

SIZE 2 CLOTH



- Ages 11-15
- High Schools (KS3+4)

- 6.5" in diameter
- Soft
- Durable cloth surface
- Valve-inflated
- Evenly weighted ball to encourage balanced development of offensive and defensive skills

SIZE 3 CLOTH



- Ages 16+
- High Schools & Colleges (KS4+5)
- Universities & Adults

- 7" in diameter
- Soft
- Durable cloth surface
- Valve-inflated
- Evenly weighted ball to encourage balanced development of offensive and defensive skills

LEADERSHIP

PRIMARY LEADERS AWARD AGES 7-11, 2-3 HOURS

Children will develop skills in planning, delivering, teamwork & communication, The final outcome might include running a school dodgeball festival.

DODGEBALL LEADERS AWARD AGES 11-18, 2-3 HOURS

Leaders will learn about safe delivery, dodgeball rules & skills, and differentiating a range of activities to include all. This will prepare them to officiate school games events or lead sessions to peers.

[BRITISHDODGEBALL.ORG/
COACHING-COURSES](http://BRITISHDODGEBALL.ORG/COACHING-COURSES)

TRAINING

STAFF CPD

INTRODUCTION TO DODGEBALL WORKSHOP STAFF MEMBERS, 1-3 HOURS

This practical workshop covers skills, rules, how to challenge and support pupils using dodgeball & linking the sport into PE lessons and the school curriculum. This can be delivered afterschool or during INSET days.

LEVEL 1 AWARD IN COACHING DODGEBALL & LEVEL 2 CERTIFICATE IN COACHING DODGEBALL STAFF MEMBERS, 4 HOURS/8 HOURS

It is British Dodgeball's belief that the training we provide enables coaches and educators to empower people from all walks of life to be healthy, active and enjoy the full benefits of sport and physical activity. Our coaching awards not only provide candidates with sport-specific knowledge, but also how to work with groups to best achieve the holistic benefits that can be gained from our sport.

Online courses available on our website:

- [Introduction to Dodgeball](#)
- [Introduction to School Dodgeball](#)
- [Introduction to Officiating Dodgeball](#)
- [Level 1 Award in Coaching Dodgeball](#)





SCHOOL MEMBERSHIP

School Membership confers the following benefits:

- 3 x Size 1 dodgeballs (primary) / 5 x Size 2 dodgeballs (secondary)
- 50% discount on the British Dodgeball Introduction to School Dodgeball online course
- 50% discount on the British Dodgeball Introduction to Officiating Dodgeball online course
- Being part of the wider British Dodgeball community; stay up to date with our news & offers, and be better able to develop school-club links

[BRITISHDODGEBALL.ORG/
MEMBERSHIP](http://BRITISHDODGEBALL.ORG/MEMBERSHIP)

*"This sport has become a
Firm Favourite in our school."*

Rattlesden CE Primary School
Bury St Edmunds

DODGEBALL - AN IDEAL VEHICLE FOR LEARNING CORE PHYSICAL SKILLS & DEVELOPING YOUNG PEOPLE HOLISTICALLY

British Dodgeball Schemes of Work are designed to teach Physical Education in Primary & Secondary Schools through dodgeball-based activity. Each scheme of work contains units of 6 lessons and can be purchased for individual year groups or for the whole school.

Aligns to the National Curriculum & develops:

Physical
Social
Problem-Solving
Tactical

BRITISHDODGEBALL.ORG/SHOP

SCHEMES OF WORK





SCHOOLS

CHAMPIONSHIPS



PRIMARY SCHOOL

HIGH SCHOOL

- County, regional competitions & national finals
- Hosted by British Dodgeball staff & sports leaders

- Open to Year 6 & below - mixed gender
- Sportsmanship trophy at each event

- Open to Year 7/8 - mixed gender
- Sportsmanship trophy at each event

BRITISHDODGEBALL.ORG/PRIMARY-SCHOOL-COMPETITIONS

BRITISHDODGEBALL.ORG/SECONDARY-SCHOOL-COMPETITIONS/

WORKING IN PARTNERSHIP WITH SCHOOL GAMES, YOUTH SPORT TRUST AND THE AOC, WE COORDINATE AND DELIVER A GROWING SCHOOL COMPETITION PATHWAY.

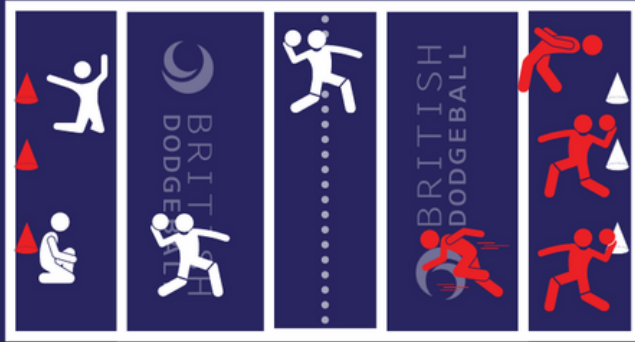
'Thank you for organising. It was one of the highlights of the year for the children - a memory that will stay with them forever.'

St Edmunds & St Josephs
RC Primary School
Suffolk



BULLSEYE

THROWING ACCURACY



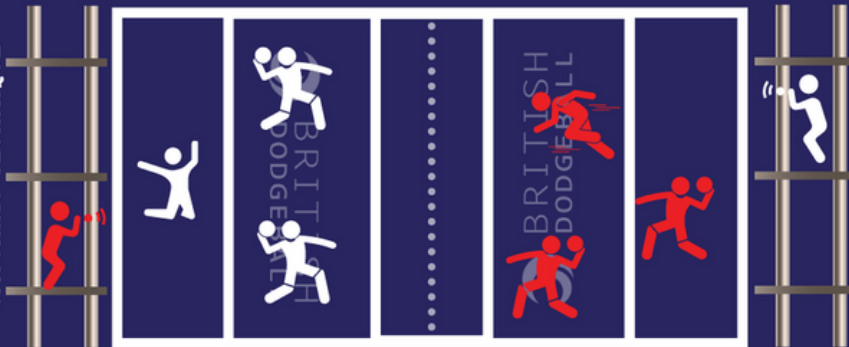
Set up a dodgeball game with cones, balls or other targets near the back of each half. A team can revive any eliminated players by hitting a target. The team that hits all targets first wins.

LET'S PLAY!

These are dodgeball-based games which can be used to develop throwing accuracy and catching technique. Try them out using safe equipment and see how your pupils develop!

PRISON BALL

CATCHING TECHNIQUE



Set up a dodgeball game with a prison behind each half. Once eliminated, a player must go to jail by running around the court. Prisoners can escape by catching a ball thrown by their team. The team that gets all opponents out wins.



'We simply love this sport!

Every child in the school has played, seeing a vast improvement in their skill level.'

Alverton Primary School, Penzance

We offer...

- **Equipment**
- **Training**
- **Lesson Plans**
- **Competitions**
- **Support**



BRITISHDODGEBALL.ORG

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